RULES/PLACEMENT FOR APA HEADERS

Please ensure that all of your headers in the text are bold faced and follow the formatting and placement as follows:

- 1st level headers: Centered, bold, mix of upper and lowercase letters
- 2nd level headers: Flush left, bold, mix of upper and lowercase
- 3rd level headers: Indented, bold, only capital on first word with the remainder lowercase and ending in period
- 4th level headers: same as 3rd level but in italics

This Is an Example of a First Level Header

This Is an Example of a Second Level Header

--- This is an example of a third level header.

--- This is an example of a fourth level header.